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Email or mail this information to:

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P.O. Box 394
Horse Shoe, North Carolina 28742

Certificate of completion will be mailed or posted with continuing education broker upon correctly answering 19 questions.

EXAMINATION

Instructions: Circle the correct letter for each question.

1	A	B	C	D
2	A	B	C	D
3	A	B	C	D
4	A	B	C	D
5	A	B	C	D
6	A	B	C	D
7	A	B	C	D
8	A	B	C	D
9	A	B	C	D
10	A	B	C	D
11	A	B	C	D
12	A	B	C	D
13	A	B	C	D
14	A	B	C	D
15	A	B	C	D
16	A	B	C	D
17	A	B	C	D
18	A	B	C	D
19	A	B	C	D
20	A	B	C	D
21	A	B	C	D
22	A	B	C	D
23	A	B	C	D
24	A	B	C	D
25	A	B	C	D

Please Submit the Best Answers Letter

1). According to the text “Chinese acupuncture and moxibustion” and the medical qi gong meditation exercise what is the most important point for tonifying your qi?

- A. Spleen 6
- B. Kidney 3
- C. Ren 4
- D. Liver 3

2). What meridian yin-yang pair is not associated with back pain?

- A. Stomach and Spleen
- B. Kidney and bladder
- C. Liver and Gallbladder
- D. Lung and Large Intestine

3). What meridian is most associated with anger and the eyes?

- A. Triple Warmer
- B. Liver
- C. Small Intestine
- D. Large Intestine

4). What meridian is most associated with bone and the psoas muscle?

- A. Ren
- B. Du
- C. Kidney
- D. Stomach

5). The stomach and spleen are associated with what element?

- A. Water
- B. Earth
- C. Wood
- D. Fire

6). What meridian is most associated with the neck muscles?

- A. Stomach
- B. Large Intestine
- C. Kidney
- D. Liver

7). What meridian is most associated with the quadriceps muscles?

- A. Stomach
- B. Small Intestine
- C. Liver
- D. Spleen

8). Fear and shyness is associated with what meridian?

- A. Liver
- B. Gallbladder
- C. Stomach
- D. Kidney

9). When testing the lung meridian on a treatment table the arm is?

- A. Raised 45 degrees from a supine position with palm facing down
- B. Raised 90 degrees from a supine position with palm facing away from body.
- C. Abducted 90 degrees from the body with palm facing the feet from a supine position
- D. Abducted 90 degrees from the body with palm facing upward from a supine position

10). In the five element nourishing cycle, what element nourishes earth?

- A. Wood
- B. Water
- C. Metal
- D. Fire

11). What meridian travels along the spine?

- A. Ren
- B. Kidney
- C. Du
- D. Stomach

12). What meridian is associated with deviation of the mouth and eyes?

- A. Ren
- B. Triple Warmer
- C. Kidney
- D. Stomach

13). What muscle and meridian is associated with lateral rotation and extension of the humerus?

- A. Pectoralis clavicular and Liver meridian
- B. Quadriceps and small intestine meridian
- C. Teres minor and triple warmer meridian
- D. Tensor fascia lata and Large intestine

14). On your initial intake form, displaying diagrams of the body, your client/patient has marked the area of shoulder discomfort along the lung and large intestine meridians. Do you then test the nourishing and controlling elements of the lung and large intestine?

- A. Yes
- B. No

15). The most important observation when performing a meridian/muscle test is?

- A. The strength
- B. The facial expression
- C. Body engagement
- D. The eyes

16). What characteristics are most “yin”?

- A. Interior/Anterior/Chronic B. Exterior/posterior/acute
C. Forceful/hot/upward D. Restless/male/day

17). In the five element controlling cycle, what element controls wood?

- A. Metal B. Fire
C. Earth D. Water

18). What meridian is associated with muscle tissue?

- A. Liver B. Kidney
C. Lung D. Stomach

19). In the medical qi gong exercise, the mental focus is held?

- A. On the feet B. On the head
C. On the back D. Four finger widths below the belly
button (umbilicus)

20). What meridians are most associated with headaches?

- A. Kidney/Bladder B. Lung /large intestine
C. Stomach/Spleen D. Liver/Gallbladder

21). Qi building exercise should be done frequently to maintain strong qi?

- A. True
B. False

22). What is the least important question to ask your client/patient?

- A. Have they ever had surgery or an organ removed
- B. What movement causes them discomfort
- C. Has anyone in your family experienced these symptoms
- D. What is your favorite color

23). What meridians best represents an imbalance? A 65 year old man complains of constipation with pain at his side. He also claims low energy and you notice he is wearing glasses.

- A. Kidney and Bladder
- B. Stomach and spleen
- C. Lung and Large Intestine
- D. Lung and Gallbladder

24). What meridian best represent an imbalance a 34 year old woman claims frequent urination along with elbow pain and tightness in the upper back and shoulders.

- A. Small Intestine
- B. Spleen
- C. Liver
- D. Stomach

25). What meridians a 72 year old claims having osteoporosis and aches in her muscles all over

- A. Kidney and Bladder
- B. Lung and large Intestine
- C. Liver and bladder
- D. Kidney and Stomach

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